



# WARDEN'S MONTHLY WRAP-UP



MARCH 2019

## Welcome to the 1<sup>st</sup> edition of "Warden Monthly Wrap-Up"

This monthly newsletter is being produced to help keep you up to date with what the Wardens are doing in and around the community. There will be articles from the Warden, contributions from different partners we work with, news bulletins, events you can take part in with your Wardens and a lot more information that we hope you will find helpful and informative.



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**OUR CHILDREN ARE SUPPORTING  
#GBSPRINGCLEAN**

IN PARTNERSHIP WITH  
SUDBURY TOWN COUNCIL & CORNARD PARISH COUNCIL

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## Woodpeckers Nursery Round Up

Woodpecker's Nursery pride the strong environmental message that underpins their



learning ethos. The children regularly engage in forest school activities and now the children of Butterfly room have joined with the Sudbury Wardens to take action in the local environment. Every couple of weeks a small group of excited children set off in the minibus with Georgia and Zoë to meet up with Wardens Bradley, Mel and Nathan to tackle litter in the Sudbury



area. Once at the chosen venue, the adults and children are briefed by Bradley and Mel, before heading off. Dressed in their high-vis jackets and gloves they use the litter pickers to carefully pick up any rubbish they see. They call out when they make exciting finds and relish the challenge of picking up the tricky-to-get rubbish. The children really enjoy their 'glitter picks' as they affectionately call them. They take pride in a job well done and the positive impact their efforts have on where they have been.

A particular favourite venue is Shawlands Woodland, where they step carefully among the wild flowers and trees to Womble away the litter. With rosy cheeks, they walk for about an hour until they reach the 'Grandmother tree' and show her all the bags of rubbish they have collected. They climb up into the low branches for a well-earned rest, excitedly chatting the whole time. Some children give the Grandmother tree a hug before they make their way back to the minibus to travel back to nursery.



The partnership with Sudbury Wardens has had a very positive impact on the children. They enjoy their time on the litter picks, but more than that they have an increased awareness of littering generally. They ask to pick up



litter they see on forest school trips and wonder why people would want to spoil our habitats by dropping it in the first place. Another natural extension to the litter picking is learning about where our rubbish goes and recycling. Bradley and Mel have helped the children to sort the rubbish they have collected in the parks, separating plastics, card and landfill. The children are saddened to see that some rubbish cannot be recycled purely because it has become degraded in the environment and that it could have been if the person dropping it had disposed of their rubbish responsibly.

The children are often commended on their litter picks by the people living in the areas they visit. Some will stop to tell them "well done" or "good job", which makes them smile. We often hear comments that it is sad that litter picking needs to be done in the first place, but it is so lovely to see that the children are happy to do their bit to make a difference to the place in which they live. Children naturally have a love for the world around them and the little Wombles at Woodpeckers certainly demonstrate that love.

## Glemsford Cub Pack

Spent an evening learning about recycling. Games about what is recycled and also what cannot be recycled and why. We all failed to get a full time job as we didn't manage to pick 21 pieces a minute – this is what the sorting team do. We discussed being fined for dropping litter which we were really shocked about and Cub James taught Bradley about the dangers of smoking as well as the chemicals that are in cigarettes. Thanks for a great night Bradley and son, Logan, who helped out.



## Mums Story of Adam & Chloe

We take our dog for walks around the Chilton woods area and the Community Hospital. Whilst out walking we noticed how much litter was about and wanted to do something about it. Adam and Chloe's first joint litter pick along Churchfield Road. It took three and a half hours and they collected 7 bags of rubbish. I am so proud of them, not many teenagers would give up there Sundays to do such a great thing for the community.



## Training "Being Prepared"

The Community Warden team recently attended and passed the QA Level 2 Award in citizenAID provided by Gryphon First Aid Unit, a local charity training and event cover provider.



Whilst we all hope that Sudbury never experiences such events, preparation is vital.

**Gryphon First Aid Unit**

Whenever there is an incident such as a shooting, stabbing or bomb explosion, the initial priority is understandably to ensure public safety, which can unfortunately cause delays to the emergency services being able to reach the injured. Often the Wardens are already present providing event support and would be the first ones that people would look to for help and assistance.



This course has been specifically developed to help members of the public learn life-saving skills for use in these extreme situations. Based on the citizenAID phone App and pocket guide, this regulated qualification is designed to

teach people how to react safely, prioritise the injured and give first aid to victims in the event of a deliberate multiple casualty incident.



During this course, the Wardens had the opportunity to practise techniques for dealing with catastrophic bleeding and will be equipped with the skills and knowledge needed to save lives in the aftermath of a terrorist attack.

Martin Richards provided the training and said "I must congratulate the Wardens and the Town Council for their commitment to Sudbury and for taking a proactive approach to this difficult subject".





## Melford Bypass Big Clear Up

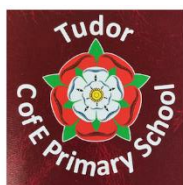
On Wednesday 13<sup>th</sup> and Thursday 14<sup>th</sup> February "The Big Clear Up" happened on the Melford bypass between Melford Road Roundabout and the High Street Junction of the A1092 Melford.

- 6 Miles in total
- 3 miles either side
- 10 Road Signs
- 8 Workers
- 4 Man hours each, 32 Man hours in total.
- 63 Bags of Rubbish Collected



## The Big #GBSpringClean

Once again, this year the Wardens will be supporting the #GBSpringClean. We will be visiting all six Primary Schools in Sudbury and Great Cornard to speak to the pupils about litter and the environment, as well as spending 2 hours with pupils from each school out in the community litter picking. It is great to have the schools on board and we are looking forward to working with them all. The schools that will be taking part are St Josephs, St Gregory, Woodhall, Tudor, Pot Kiln and Wells Hall Primary Schools.



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## Fly Tipping

Fly tipping was reported by a member of the public in Great Waldingfield, amongst it there were various household knives found. This was a shocking discovery and potentially a danger to children as it was found extremely close to a children play area - please dispose of your waste responsibly!

More Fly Tipping was discovered in Great Cornard and on this occasion there was evidence of the offender found amongst it. This was reported to the environmental protection team at Babergh District Council and we are pleased to say that a Fixed Penalty Notice was issued for £200.



## Mel's First Year as a Warden

Where to begin?

Never in my wildest dreams could I have imagined the different things I would experience as a Community Warden for Sudbury Town Council!

After only 2 days of being a part of the team, we were involved in closing down the town during the bomb scare. Then the variety began!

I have fitted dog bins, rubbish bins and fences. I have completed 10 different courses all relevant to my role, from safe guarding and first aid to water services.

I have removed graffiti and fly tips which have led to hefty fines for offenders. I have been part of some fantastic group voluntary litter picks with children of 3/4 years of age, right up to adults of 70+ years.

I have been involved with traffic management for some wonderful events, such as St George's Day, Remembrance Sunday, and the Christmas Light Switch On. I also supported the Christmas light installation.

While emptying bins and filling dog bag dispensers, I have been fortunate enough to meet and chat with some wonderful people, and make friends with the adorable dogs.

I have spoken on the radio and the TV, which was an experience!

I have visited the primary schools alongside my colleagues, to promote our yearly children's competition, and to educate 1,800 children on the importance of litter control, recycling and upcycling.

We were challenged with planting hundreds of flowers and plants during the beautiful summer months, and in the winter months we rescued stranded vehicles and supported the safe running of icy roads. Autumn time gave the opportunity for us to help with the poppy net which hung from St Peters church.

I have learned what to do when the travellers arrive in the local area, and what is required when they leave.

As my first year passes, and we go into my second, I very much look forward to what is in store. Already we have Crucial Crew to look forward to, and the engagement of all 6 primary schools in activities for Keep Britain Tidy.

One thing is for sure. I am fortunate enough to work in a town full of community minded caring people, and a caring Mayor too.



## Catch 22 The Working Partnership

Catch22 Reparation and UPW service in the west have been in partnership for 8 years with Sudbury Town Council. Reparation is repairing the harm in the community, community payback which is completed by Catch22 Louise Barnett and staff members Rosie Gardner, Patrick O'Donnell and Danny Bullock and young people that are completing their court ordered hours.

Sudbury Town Council have provided us with a variety of projects in and around the town, providing references for our young people for future work when they have worked hard.

What I really like about Bradley Smith, his staff and the Town Councillors is that they give our young people a second chance, they come and talk to them and treat them like normal people and not judgemental in any way.

We work well together promoting the good work our young people do in the community , giving praise when needed , they gain respect for public , elderly and disabled and are proud of the work they achieve .



## Ballington Sweep Up

Ballington Street has received a deep clean of the road by the road sweeper, thank you to everyone that removed their cars during this time it really helped get all the built up silt up from the kerb edge. Please keep an eye out for leaflets appearing in your letter box and on your car window screen in other roads around Sudbury to enable us preform deep cleansing.



MeetUpMondays is an initiative launched in 2018 which offers hospitality to businesses with the chance to strengthen their local community and show that the commercial world also cares about ending the dreadful scourge of loneliness. The simple premise is that once a week, pubs, cafes and tea rooms offer a couple of hours of free tea, coffee and nibbles to people who are fed up with their own company, giving them a chance to meet others and connect more with their community. Visitors go along knowing they are guaranteed a warm welcome into a friendly environment and an everyday life situation where they will not stand out as being alone. The approach taken helps to normalise talking about loneliness without those attending feeling 'labelled' as lonely.



The seed of the idea, instigated by innovative pub landlord Mick Dore at his pub in Wimbledon, was taken and sewn across Suffolk by Ann Osborn of The Rural Coffee Caravan with the help of Sally Connick of Suffolk Good Neighbour Schemes, and has grown a Network of 50+ MeetUpMondays host venues across Suffolk and beyond.

It gives people not just something to look forward to, but reasons to get up in the morning; new friendships to make new plans with; company and comfort after bereavement; it helps re-establish pubs as community hubs; creates opportunities for people newly moved to their neighbourhood to meet their neighbours, and gives people who are fed up with their own four walls a chance to just 'be', in a 'real life' setting with company they might not otherwise have access to. Lonely people can lose confidence and get anxious about going out and research shows us that consistency is key: offering a regular time every week and making a local setting familiar, opens up all the existing hosts are finding that there is no downside. Their guests are staying on for lunch or coming in at other times with the friends they have made. It's honestly magical. Hosts sometimes offer a table quiz or something as an ice breaker, but basically they just encourage introductions and let the chatter happen, and the people that go find it to be a highlight of their week. Each venue is different and depends on the host's means and the local support gathered, and every single person helped back into a more connected life, matters.



Local businesses and organisations are also on board, with Assistant Chief Constable of Suffolk, Rachel Kearton, the latest to join Suffolk High Sheriffs (past & present), BBC Radio Suffolk, East of England Co-op and the East Anglian Daily Times in championing the initiative. Estate agents, solicitors and landscaping companies are amongst some of the local business also showing their support by sponsoring printing of flyers and pavement swing signs for their nearest MeetUpMondays sessions.

They're not always held on Mondays either, the network caters for any day of the week – it's down to the venue to decide what works for them. MeetUpMondays HQ helps get the ball rolling with promotion: web and social media listings and a Welcome Pack, but the hosts are the ones taking this wonderful thing and flying with it – making their Meetup's their own.

Meetup Mondays takes place in The White Horse North Street every Monday between 10:30 – 12 Noon.



**Community Litter Pick  
In  
Ballington**

**Saturday 23rd March**

**10AM - 12 NOON**

**Meeting**

**@**

**Pine Croft Rise**

**All Equipment Supplied**

**Organised by  
The Community Wardens  
In Partnership  
With  
Ballington Actually**

 **#SUDBURYCOMMUNITYLITTERPICKS**







## **Community Litter Picks 2019**

**Saturday 30th March**

**Wednesday 17th April**

**Saturday 18th May**

**Saturday 22nd June**

**Saturday 27th July**

**Wednesday 21st August**

**Saturday 21st September**

**Wednesday 30th October**

**Saturday 14th December**

**ALL LITTER PICKS WILL START FROM  
TESCO SUDBURY AT 10 AM  
ALL EQUIPMENT SUPPLIED  
JOIN US AFTER FOR LIGHT REFRESHMENTS**

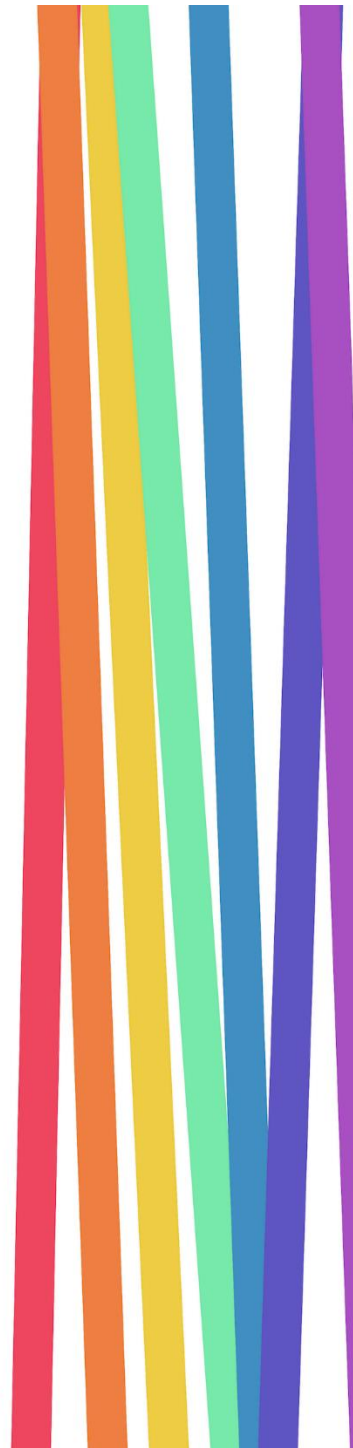


**Organised by  
The Community Wardens  
Sudbury Town Council  
in Partnership with**

# **TESCO**



**#SUDBURYCOMMUNITYLITTERPICKS**





# **Community Litter Picks 2019**

## **School Holiday Litter Picks**

**Tuesday 16th April**

**Tuesday 13th August**

**Tuesday 29th October**

## **Weekend Litter Picks**

**Saturday 16th March**

**Saturday 8th June**

**Saturday 14th September**

**Saturday 7th December**

**ALL LITTER PICKS WILL START FROM  
The Stevenson Centre AT 10 AM  
ALL EQUIPMENT SUPPLIED**



**Organised by  
The Community Wardens  
Great Cornard Parish Council**



**#GREATCORNARDCOMMUNITYLITTERPICKS**

